




WEEK 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN DISH	Meatballs in a tomato sauce with Pasta	Pizza of the day with potato wedges	Roast beef with Yorkshire pudding, mashed potatoes and gravy	Chicken fillet burger with savoury rice	Battered fish with chips
VEGETARIAN MAIN DISH	Vegetarian bolognese with pasta	Mediterranean vegetable casserole with potato wedges	Vegetable strudel with mashed potatoes and gravy	Smokey Quorn and bean stew with savoury rice	Cheese quesadillas with chips
ACCOMPANIMENTS 	Garden peas Sweetcorn Salad bar	Carrot batons Green beans Salad bar	Green cabbage Cauliflower Salad bar	Broccoli Carrot batons Salad bar	Baked beans Garden peas Salad bar
DESSERTS	Fruit crumble and custard 	Shortbread and mandarins	Strawberry whip	Banana and oat muffin	Fruit meringue 
FRESH FRUIT & YOGHURT	Fresh fruit and yoghurt	Fresh fruit and yoghurt	Fresh fruit and yoghurt	Fresh fruit and yoghurt	Fresh fruit and yoghurt
JACKET POTATO	Jacket potatoes with various fillings	Jacket potatoes with various fillings	Jacket potatoes with various fillings	Jacket potatoes with various fillings	Jacket potatoes with various fillings



MENU



Fuel your afternoon with a healthy school lunch from Mellors

-  - MEAT FREE MONDAY
-  - 1 OF YOUR 5 A DAY
-  - CHEF'S CHOICE