





WEEK 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN DISH	Beef burgers in a soft bun with potato wedges	Chicken lasagne with garlic bread	Roast Gammon and pineapple with gravy and roast potatoes	Spaghetti bolognese with garlic bread	Fish fingers with chips
VEGETARIAN MAIN DISH	Pizza of the day with potato wedges	Cheese and sweet potato pie	Quorn roast with roast potatoes and gravy	Macaroni cheese with garlic bread	Vegetarian sausage and onion gravy with chips
ACCOMPANIMENTS 5	Garden peas Baked beans Salad bar	Cauliflower Green beans Salad bar	Green cabbage Carrot batons Salad bar	Broccoli Sweetcorn Salad bar	Garden peas Baked beans Salad bar
DESSERTS	Spiced apple loaf	Lemon drizzle cake	Oaty cookie	Pear and chocolate sponge with custard	Fresh fruit and ice cream
FRESH FRUIT & YOGHURT	Fresh fruit and yoghurt	Fresh fruit and yoghurt	Fresh fruit and yoghurt	Fresh fruit and yoghurt	Fresh fruit and yoghurt
JACKET POTATO	Jacket potatoes with various fillings	Jacket potatoes with various fillings	Jacket potatoes with various fillings	Jacket potatoes with various fillings	Jacket potatoes with various fillings







Variety is the key to a healthy diet, try something new today!



- MEAT FREE MONDAY



-1 OF YOUR 5 A DAY



- CHEF'S CHOICE