



## How we teach: Physical Education

### Basic principles

1. At Yoxall St Peter's, we aim to develop pupils who will be physically active and can flourish in a range of different physical activities and have knowledge of different skills.
2. Children will learn about 'healthy body, healthy mind' (skills for life), including the awareness of how physical exercise is important for a healthy body and lifestyle and helps to support our mental wellbeing.

### Curriculum intent model

Our PE curriculum develops pupils who:

1. Are willing to practise skills in a range of different activities and situations, alone, in small groups and in teams and apply these skills in chosen activities to achieve exceptional levels of performance.
2. Have and maintain high levels of fitness.
3. Lead a healthy lifestyle, which is achieved by learning about fitness, drugs, alcohol and exercise regularly.
4. Are able to remain physically active for sustained periods of time and have understanding of the importance of this in promoting life-long health and wellbeing.
5. Take the initiative and become excellent 'play leaders'. Organising, planning and evaluating what needs to be done to improve and motivating and instilling sporting attitudes in others.
6. Can swim at least 25 metres before the end of Year 6 and know how to be safe in and around water.
7. Have a keen interest in PE- a willingness to participate eagerly in lesson, have a positive attitude and the ability to make informed choices about engaging in extra curriculum sport.
8. To develop our pupil's cultural capital by opening their experiences to compete with the larger community, not just their 'doorstep community' and broaden their knowledge and understanding of other cultures, following our Christian values.
9. Will work collaboratively with their community to exceed their potentials through the development of new skills.
10. Will flourish in all aspects of character development: acceptance, communication, collaboration, confidence, resilience, responsibility, tolerance, honesty, self-belief, determination and teamwork. These should be recognised how the experience of sport should be embodied in our school.

### Implementation

As part of the planning process, teachers plan the following:

1. A cycle of lessons for each key area e.g. net and wall, which carefully plans for progression and depth in the different subject areas.
2. A wide range of sports and activities are delivered from Reception to Year 6, enabling them to develop their knowledge and skills in physical education, in a variety of areas.
3. We also invite other external sports providers into school to work alongside teachers. This ensures that pupils receive high quality education in sport specific areas and the teachers receive CPD whilst the sessions are being delivered.
4. Examples of sports providers who work with us include the local football club, cricket club and rugby club.

5. Extra-curricular clubs are provided by external community link providers such as Burton Albion Community Trust. Class teachers/PE lead will also run these sporting clubs.
6. Pupils are consulted termly about the clubs that are on offer to them and children become very skilled in certain sports through these clubs and go on to compete and represent their school.
7. We also run inclusive sporting clubs to support all learners, including SEN.
8. Yoxall St Peter's is part of the East Staffordshire School Sports Partnership. This provides competitions for our pupils to compete against other schools, CPD for staff and leadership opportunities for our pupils. All pupils are encouraged to take up representing their school during the academic year, which links in with our school values of experiencing the wider community and developing a child's cultural capital. This also works with our school value of developing the child as a whole and working on character building, ready for life-long success.
9. Yoxall St Peters encourages pupils to apply their skills and knowledge in sports against other schools, both locally and in the wider community and county. Pupils from Year 1 to Year 6 take part in team game sports against other schools. Sports that we partake in at a high, competitive level are: football, rounders, swimming, athletics, cricket, rugby and netball.
10. Pupils are encouraged to take up competitive sport during their time at Yoxall St Peters.
11. Each child has a 'house' when they arrive at the school in Reception and children compete at the end of the school year in a 'competitive sports day', to be crowned 'champions!' House captains are recruited from Year 6 each year. These children help to organise sporting events through the year, along with our sports council.

## Impact

Our PE curriculum is planned to demonstrate progression.

1. There is a focus on progression of knowledge and skills in the different physical activity areas.
2. If children are keeping up with the curriculum/scheme of work, they are deemed to be making good progress.
3. We will also monitor in addition:
  - Pupil voice discussions about their learning
  - Looking at standards achieved VS planned outcomes.
4. The impact of our PE curriculum is also measured in the uptake of our sporting after school clubs and participation in our school games sporting competitions.
5. Participation levels are measured both internally and externally.
6. External measures are used to measure the impact of our PE curriculum. Each year, we apply for the school games award. This recognises high quality provision as well as core values (which link to our school and Christian values) in school with either a bronze, silver, gold or platinum award.
7. We regularly achieve the GOLD award for our high quality PE and school sport.
8. Our notice board will be updated every half term to show children's achievements in line with the School Games outlines.
9. We aim to reach the platinum award in the near future as we continue to raise the profile of PE and sport at Yoxall St Peter's, following our core values and ethos along the way.

## General policy

- 1- Any purchases over £1000 to be discussed and signed off by team leader.
- 2- PE budget and spend to be updated once a term and discussed in a meeting with team leader.
- 3- Sports clubs (not lead by teacher) are to be charged at £2.50 per week and monies are to be kept for the future to ensure sustainability.